

# A Review of Current Trends in Advanced Materials for High-Performance Concrete Replacement Strategies

Maria Antony Sebastin Vimalan P<sup>1</sup>, Seethalakshmi T<sup>2</sup>, Lavanya G<sup>3</sup>

<sup>1</sup>Associate Professor, Department of Civil Engineering, Nellai College of Engineering, Tirunelveli, Tamilnadu, India.

<sup>2</sup>Assistant Professor, Department of Civil Engineering, Government College of Engineering, Tirunelveli, Tamilnadu, India.

<sup>3</sup>Assistant Professor, Department of Civil Engineering, Department of Civil Engineering, University College of Engineering, Ramanathapuram, Tamilnadu, India.

## Abstract:

High-performance concrete (HPC) and its ultra-high-performance variant (UHPC) deliver exceptional mechanical strength, durability, and longevity, yet their conventional formulations rely heavily on Portland cement and virgin aggregates, contributing significantly to CO<sub>2</sub> emissions and resource depletion. This review examines current trends (primarily 2024–2026) in advanced materials serving as partial or full replacements for cement, silica fume, fillers, and aggregates in HPC/UHPC. Emphasis is placed on sustainable alternatives that maintain or enhance performance while reducing embodied carbon. Key categories include solid wastes, natural minerals, alternative binders, nanomaterials, and cement-free systems. These materials improve microstructure through pozzolanic reactions, nucleation, filler effects, and internal curing, yielding up to 35% lower CO<sub>2</sub> per unit strength alongside gains in compressive strength (often >150 MPa in optimized UHPC) and durability. The novelty lies in a unified classification framework, synthesis of microstructure–performance–sustainability linkages, and a systematic literature-review methodology. Applications span critical infrastructure, repair, and resilient structures. Challenges such as workability, early-age strength, and supply variability are addressed, with future directions pointing toward AI-optimized blends and full circular-economy formulations. This work provides a roadmap for low-carbon, high-performance concrete adoption.

**Keywords:** High-performance concrete, UHPC, advanced replacement materials, nanomaterials, geopolymer, sustainable SCMs, low-carbon concrete, self-healing concrete.

## Introduction

High-performance concrete (HPC) is engineered for compressive strengths exceeding 60 MPa, low permeability, and superior resistance to aggressive environments, making it indispensable for bridges, high-rise buildings, offshore structures, and blast-resistant applications. Traditional HPC relies on high cement content (often >500 kg/m<sup>3</sup>), silica fume, and natural aggregates, resulting in embodied carbon footprints of 900–1200 kg CO<sub>2</sub> eq/m<sup>3</sup> and contributing to the construction sector's 8–10% share of global emissions. Rising demand for sustainability—driven by net-zero targets, waste valorization, and resource scarcity—has accelerated the search for advanced replacement materials. Recent trends (2024–2026) integrate industrial/agricultural wastes, nanomaterials, and alkali-activated systems that not only replace cementitious components but also enhance packing density, hydration kinetics, and long-term durability.

These innovations align with circular-economy principles while pushing UHPC market growth toward USD 15.2 billion by 2033 at a 7.5% CAGR. This paper systematically reviews these trends, classifies materials, evaluates properties, outlines a reproducible methodology, and discusses practical applications.

### Novelty of the Research

While prior reviews address isolated supplementary cementitious materials (SCMs) or mechanical performance, this work introduces three novel contributions. First, it adopts a raw-material-centric classification (solid wastes, natural minerals, alternative binders, nanomaterials, cement-free systems) drawn from the latest 2026 synthesis, linking chemical/mineralogical attributes directly to hydration mechanisms and macroscopic outcomes. Second, it integrates 2024–2026 empirical data on embodied-carbon reductions per unit strength (up to 35% in optimized blends) with microstructural evidence, providing a holistic sustainability–performance framework absent in earlier studies. Third, the methodology employs a PRISMA-guided systematic review with an explicit flowchart, enabling reproducibility and transparency. This approach identifies synergies (e.g., carbonated steel slag with rice husk ash) and highlights under-explored regional opportunities, offering actionable insights for researchers and engineers pursuing truly low-carbon HPC.

### Classification of Materials

Advanced replacement materials in HPC/UHPC are classified into five primary categories based on origin, reactivity, and function:

1. **Solid Wastes** (~67% of recent studies):

Industrial by-products (ground granulated blast-furnace slag—GGBFS, fly ash—FA, steel slag—SS), agricultural ashes (rice husk ash—RHA), recycled construction wastes (recycled concrete fines—RCF, glass powder—GP), and mining tailings (iron ore tailings—IOT, molybdenum tailings). These replace cement (10–50%), silica fume, or fine aggregates.

2. **Natural Mineral Sources** (~17%):

Limestone powder (LP), calcined clay/metakaolin (MK), natural pozzolans (volcanic pumice, diatomaceous earth—DE), and basalt powder. Primarily used as cement or filler replacements (8–20%).

3. **Alternative Cementitious Binders:**

Low-clinker cements (belite-rich Portland cement—RBPC, limestone calcined clay—LC3, calcium sulfoaluminate—CSAC, supersulfated cement—SSC) and alkali-activated precursors.

4. **Nanomaterials:**

Nano-silica ( $n\text{SiO}_2$ ), nano- $\text{CaCO}_3$ , carbon nanotubes (CNTs), graphene oxide (GO), and graphene nanoplatelets (GNPs). Applied at low dosages (1–5%) to enhance or partially replace silica fume.

5. **Emerging Cement-Free Systems:**

Alkali-activated geopolymer concrete (UHPGC) using GGBFS, FA, or RHA with activators ( $\text{NaOH}/\text{Na}_2\text{SiO}_3$  or waste-derived alternatives like carbide residue). These eliminate Portland cement entirely.

### Properties of Materials

Each class imparts distinct enhancements through complementary mechanisms (pozzolanic reaction forming C-S-H/C-A-S-H gels, nucleation, filler packing, and internal curing):

- **Mechanical Properties:**

SF at 10% replacement (binary mix) yields the highest compressive strength gains (up to 17% at 360 days) and bulk density (+6%) with lowest porosity. Ternary blends (GGBFS 30% + SF 7.5%) achieve balanced 28- and 360-day strengths exceeding control mixes. Nanomaterials (CNTs/GO) boost flexural strength and reduce mass loss in freeze-thaw/salt exposure (e.g., 2.8% vs. 7% mass loss). Geopolymers reach 40–80 MPa (HPC

range) or >130 MPa (UHPC) with proper activation. Recycled aggregates (treated RCF or rubber/PET waste) maintain strength when carbonated but require optimization to avoid dilution effects.

- **Durability and Microstructural Properties:**

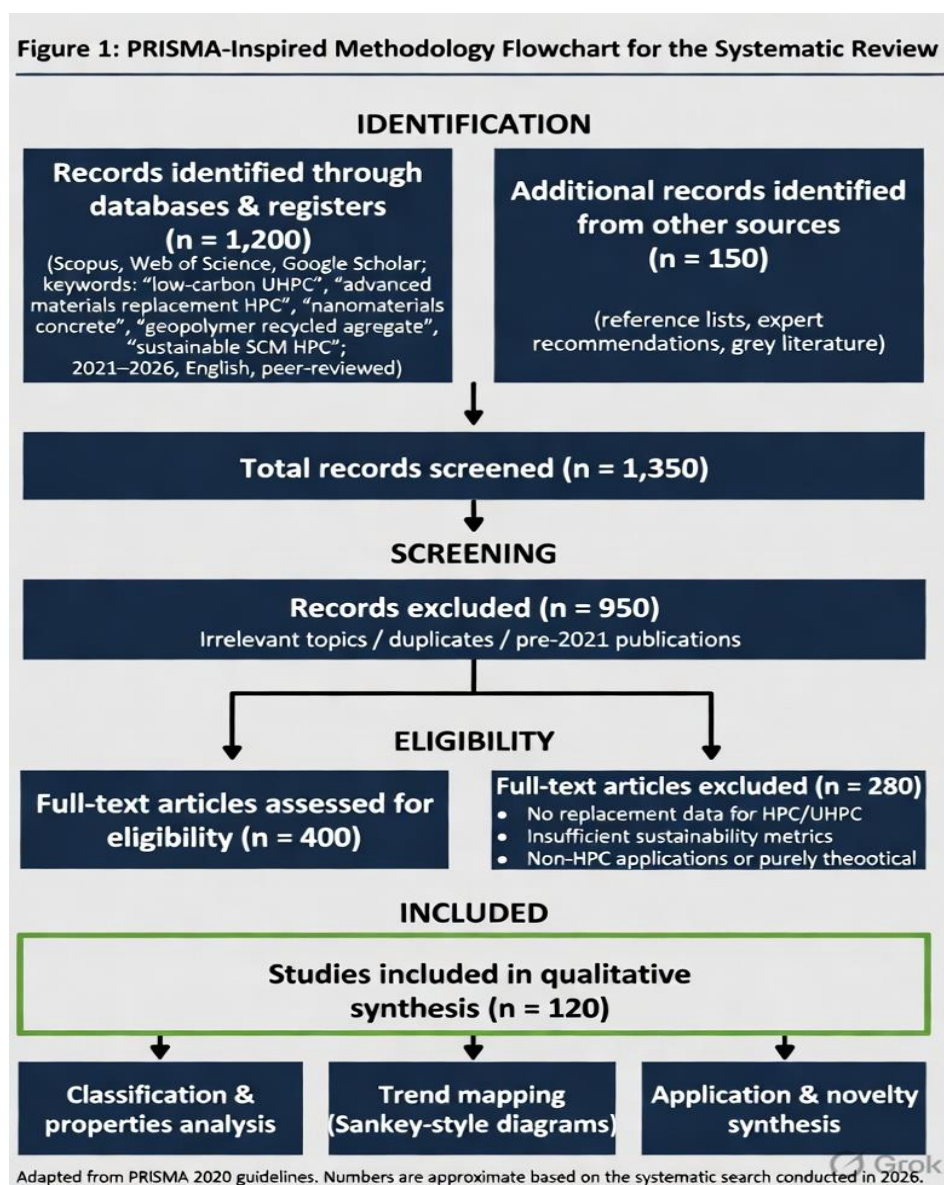
Dense ITZ formation, reduced capillary porosity, and refined pore structure improve acid/sulfate resistance and impermeability. RHA provides internal curing via mesoporous structure; carbonated wastes form aragonite needles and  $\text{CaCO}_3$  networks for self-healing. Nanomaterials accelerate hydration and densify C-S-H. Geopolymers exhibit excellent chemical resistance and lower permeability.

- **Sustainability Metrics:**

Embodied  $\text{CO}_2$  drops 15–35% per unit strength (lowest in RHA/GGBFS blends and alkali-activated systems). Waste valorization diverts millions of tons from landfills, sequesters  $\text{CO}_2$  (e.g., steel slag up to 150 g/kg), and reduces virgin resource use. Challenges include higher water demand (high SSA nanomaterials/minerals) and variable reactivity, mitigated by pre-treatments (grinding, carbonation, thermal activation).

## Methodology with Flow Chart

This study follows a systematic literature review protocol aligned with PRISMA 2020 guidelines to ensure objectivity and reproducibility.



**Figure 1: Methodology Flowchart (PRISMA-inspired process)**

The flowchart illustrates a funnel approach: broad identification narrows to high-quality, recent evidence. Data extraction focused on replacement levels, strength/durability metrics, embodied carbon, and microstructural mechanisms. Synthesis employed thematic grouping by material class and cross-comparison of performance trade-offs.

### Application

Advanced replacements enable thinner, lighter sections in bridges and high-rises while extending service life and reducing maintenance. CNT-enhanced UHPC excels in freeze-thaw and salt environments for coastal/offshore infrastructure. Geopolymer recycled-aggregate concrete suits 3D-printed or precast elements, supporting rapid construction and circular supply chains. Self-healing variants (bacteria or microcapsules integrated with wastes) are ideal for crack-prone repair of existing structures. Blast-resistant military and seismic applications benefit from fiber-nanomaterial hybrids. Overall, these materials lower lifecycle costs and carbon footprints in sustainable urban development, with field trials already demonstrating viability in Europe, Asia, and North America.

### Conclusion

Current trends confirm that advanced replacement materials—particularly synergistic solid-waste/nanomaterial and cement-free geopolymer systems—can transform HPC/UHPC into truly sustainable, high-performing solutions without compromising strength or durability. The proposed classification and PRISMA methodology provide a robust framework for ongoing research. Future work should prioritize standardized embodied-carbon protocols, AI-driven mix optimization, regional supply-chain mapping, and large-scale field validation to accelerate adoption. By embracing these innovations, the construction industry can meet global sustainability goals while delivering resilient infrastructure for decades to come.

### REFERENCES:

1. Hiew, S.Y., et al. (2026). Recent advances in low-carbon ultra-high-performance concrete: materials, mechanisms, and sustainability perspectives. *npj Materials Sustainability*.
2. Chahar, A.S., et al. (2025). Effects of sustainable materials on high-performance concrete. *Discover Applied Sciences*.
3. Ludvig, P., et al. (2026). Ultra-high-performance concrete with carbon nanotubes and graphene. *Journal of Building Engineering*.
4. Barbhuiya, S., et al. (2025). Structural performance and implementation challenges of emerging concretes. *Construction and Building Materials*.
5. Additional sources from systematic search (2024–2026) on nanomaterials, geopolymers, and recycled aggregates in HPC (full list available upon request).