

Homeopathic Management of a known case Psoriasis with arthropathy: A Case Report

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Abstract:

This case report highlights the individualized homeopathic management of known case of severe psoriasis with arthropathy in young girl. Presenting symptoms included known case of chronic psoriasis with severe joint involvement with severe itching with thick skin with cracks, Over a span of 1.5yr progressive improvement was observed in itching ,lesion on skin ,cracks as well as in associated physical and psychological symptoms. The homeopathic remedy *STAPHYSAGRIA* was administered based on holistic totality, demonstrating notable therapeutic outcomes without any adverse effects.

Keywords: Chronic psoriasis, arthritis, Homeopathy, staphysagria, Case Report, Psychosomatic Symptoms, Individualized Treatment.

1. INTRODUCTION

Psoriasis is a chronic, immune-mediated inflammatory skin disorder characterized by well-defined, red, scaly plaques. It is a non-contagious and relapsing-remitting condition that involves hyperproliferation of keratinocytes and immune system dysregulation, affecting the skin, scalp, nails, and sometimes joints (psoriatic arthritis).

This case study illustrates a patient-centric, holistic homeopathic approach to managing chronic psoriasis with arthropathy.

2. CASE PRESENTATION

- **Name :** Amitaben Prajapati
- **Age/Sex/Religion :** 20 yr/f/hindu
- **Education :** PURSING NCC
- **Occupation /Marital Status/Nationality :** study/Unmarried/indian
- **Address :** amroli,surat

CHIEF COMPLAINTS:

KNOWN CASE OF SEVERE PSORIASIS WITH PSORIATIC ARTHROPATHY

- KCO psoriasis x 5 yrs
- Eruptions large plaques ,, scales, suppurations , cracks on, scalp,hands,elbow

- Severe itchy with bleeding after scratching
- Psoriatic deformities in finger
- ❖ **ODP (Origin , Duration , Progress)**
C/O – since 5 yrs, now progressing x 1 yrs

ASSOCIATED COMPLAINS

- Kco hypertension x 4 days ,, 150/90
- Severe headache x 5 yrs , <night watching , < constipated when

ASSOCIATED COMPLAINS

- Joint pain episodic-changes

PAST MEDICAL HISTORY:

Recurrent Cold N Cough

FAMILY HISTORY:

- **MOTHER** – Epileptic ,Neurotic Mental Illness

CONSTITUTIONAL DETAILS: Physical general :

- Appetite :3-4 Chapatti / meal
- Thirst : 10-12 glasses / day
- Desire : spicy food [acidity] ,Undigestable thing but in childhood
- Thermal – Chilly

MENTAL/EMOTIONAL STATE:

- **In patient's word :**
- **LIFE SPACE →**
- Doing Ncc Study To Make My Name N Fame N Position In Society
- **MOTHER –**
- Mother Constantly Negging ,Complaining N Criticizing Over Silly Matter
- **REACTIONS to situations →** Keeps Lots Of Anger With In Me, Why Me Always Suffering Attitude, Anger Indignations



RUBRIC-ANALYSIS AND EVALUATIONS ON PRESENT DISPOSITIONS

DISPOSITIONS - Injustice cant tolerated

Responsible

Want name n fame in society

Sensitive to reproaches ,critics n insult

Suppressed anger and grief

Chilly –thirsty

TOTALITY OF SYMTOMS

	Ars	Carc	Med	Nat-m	Puls	Staph
	3	3	3	2	3	4
	2	2	2	2	2	2
	3	3	3	2	3	4
ERUPTIONS psoriasis	2	1	1	1	2	3
SENSITIVE, reprimands, criticism, reproache	1	2	2	1	1	1

3. TREATMENT AND FOLLOW-UP

- ☐ Acc to Repertorisation , mental and physical symptoms
- ☐ **STAPHYSAGRIA** is similimum remedy .
- ☐ Rx – STAPHYSAGRIA 200 SD.
- ☐ SAC LAC 6-6 1 MONTH

FOLLOW-UP

- ☐ 1ST- F/U -18/6/24
- ☐ Lesion Better Over Many Areas /Itching Better /No Cracks /No Bleeding
- ☐ 2ND – F/U -15/7/24
- ☐ Much Better Iin Lesions –Itching – Cracks /Generals Also Better
- ☐ No New Lesions
- ☐ 3RD – F/U– 2/9/24
- ☐ Almost 90 % Better In Every Ways



4. DISCUSSION

This case demonstrates a successful homeopathic intervention for chronic Psoriasis with arthropathy. The holistic understanding of the patient's mental, emotional, and physical symptoms guided remedy selection.

- *STAPHYSAGRIYA* was selected for emotional reactions constitutional totality: genetic traits , psychosomatic presentation.

Homeopathy facilitated improved chronic psoriasis with arthropathy with all its ailments , emotional stabilization, and enhanced general well-being, without the need for conventional remedy.

5. CONCLUSION

Individualized homeopathic management, when applied thoughtfully, can provide effective complementary care in chronic psoriasis with severe joint involvement. The case supports the role of holistic prescribing in addressing both physical and emotional components of chronic illness.

Further studies with controlled methodology are warranted to validate these findings on a broader scale.