# **Arduino Based Flex Sensor Control by Hand**

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# Abstract

The only way we can communicate our thoughts and feelings is through communication, but deafmute people find it challenging to relate to other people. A person who has lost their hearing and speech is therefore unable to compete with regular people. For people who cannot hear or speak, communication is visual rather than auditory. In addition to creating barriers to communication between the two communities, ignorant people likely use sign language to communicate but struggle to connect with others they do not understand. This smart globe paper's primary goal is to reduce that barrier to connection. The proposed plan's primary objective is to create a low-cost tool that, with the aid of smart gloves, can give voiceless people a voice. There is never a wedge between communities. With this system, deaf-mute people should be able to interact normally without needing assistance from others. In this instance, a disabled person must require this system. People with disabilities can progress in their careers and even contribute to their nation's prosperity with the aid of these gloves.

## Keywords: Iot, Gesture, Bluetooth, Wifi, Smart Glove, Arduino

# AIM:

To design and implement a system that utilizes flex sensors in combination with an Arduino microcontroller to detect and interpret hand gestures, enabling intuitive control of electronic devices or robotic systems through natural hand movements.

# **INTRODUCTION:**

In recent years, the interaction between humans and machines has advanced significantly, leading to the development of intuitive control systems. Hand gesture recognition is one such emerging technology that enables natural and non-contact communication with electronic devices. Among various gesture recognition techniques, the use of flex sensors provides a simple, cost-effective, and efficient way to capture finger movements and translate them

into control signals.Flex sensors are variable resistors that change resistance based on the amount of bend or flex they experience. When attached to gloves or directly to fingers, they can detect individual finger movements. Coupling these sensors with a microcontroller like the Arduino enables the capture, processing, and transmission of gesture data to control various systems, such as robotic arms, home automation devices, or assistive technologies for individuals with disabilities.This project focuses on developing a hand-controlled system using flex sensors and an Arduino board. The system interprets specific finger positions and gestures, converting them into control commands. This type of interface has broad applications in robotics, virtual reality, rehabilitation devices, and smart environments, providing a low-cost and user-friendly solution for gesture-based control. Additionally, the integration of voice recognition and Text-to-

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Speech (TTS) modules further enhances the user experience, allowing the system to respond to voice commands and provide auditory feedback, making it even more interactive and versatile. With LCD displays providing real-time visual feedback and voice modules offering spoken responses, this system is designed to bridge the gap between human gestures, voice commands, and machine control, offering a seamless and dynamic interface.Such systems find applications across diverse fields like assistive technology, where they can help individuals with disabilities control devices through simple hand gestures or voice commands, and in robotics, where precise control over movements is crucial. The system's potential for accessibility, ease of use, and versatility makes it an exciting area of development, particularly for creating intelligent, user-friendly devices that respond to both physical gestures and vocal instructions.

### **BENEFITS:**

- The system uses affordable components like Arduino boards and flex sensors, making it accessible for students, hobbyists, and developers.
- With basic knowledge of electronics and programming, users can quickly prototype and deploy gesturebased control systems.
- Hand movements are detected and processed in real time, allowing for fast and responsive system interaction.
- With added modules (e.g., Bluetooth, Wi-Fi), the system can provide wireless control, enhancing convenience and hygiene through touchless operation.
- Useful in robotics, home automation, assistive devices for the disabled, gaming, virtual reality, and more.
- The system can be easily adapted to recognize more gestures or control a wider range of devices, offering flexibility for various projects.
- Can aid people with mobility impairments to interact with devices or control robotic aids through simple hand movements.
- Serves as an excellent learning tool for understanding sensors, microcontrollers, and embedded systems development.

#### LITERATURE SURVEY:

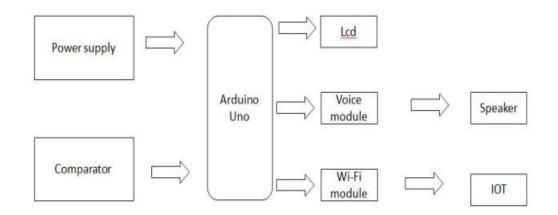
A smart glove system that can continuously recognize sign language gestures and convert them into spoken words is presented in this paper. Flex sensors and a magnetometer sensor are installed in the glove to detect finger movements. The current gesture library can have new gestures added to it. This allows the system to adapt to the wide range of sign languages and the requirement for certain specialized gestures for industrial tasks. People who are deaf or mute use sign language, which is a communication technique that combines facial expressions with hand shapes, orientations, and movement of the hands, arms, or body to convey meaning without the use of sound. One non-verbal communication method is gesture [1].

The capacity to share thoughts, feelings, and ideas with others is arguably the most fundamental aspect of being human. It is impossible to overestimate the significance of having interpersonal connections. Helen Keller was once asked which she would pick if she could only have one of her senses—her hearing or her vision—rather than both. "My hearing," she said without doubt. "Deafness separates him from people, but blindness separates him from things," she said in response to a question about why. Individuals who suffer from severe and profound disabilities may be more susceptible to this issue of social disconnection. People who "need highly specialized education, social, psychological, and medical services because of the intensity of their physical, mental, or emotional problems in order to maximize their full potential for useful and

meaningful participation in society and for self-fulfillment" are considered to have severe disabilities under federal law. The introduction of wearable technology has made it feasible to adopt a wide range of incredibly imaginative ideas to serve humanity in previously unheard-of ways, as many people with severe disabilities struggle greatly to communicate with those around them [2].

suggested a system that included an accelerometer, flex sensors, and tactile sensors. Since their hardware needs 5V DC, a voltage regulator from the 7800 series (7805) is utilized. LEDs are used to indicate when the power is turned on. The voltage is lowered to 2-2.5V, as needed by the LED, using a 330 $\Omega$  resistor. Bending increases the resistance, which in turn increases the voltage, when the flex is deflected at a minimum angle of 40°. There are four flex sensors and the ports for connecting to them. Since the voltage is in millivolts, it was amplified using an op-amp (LM358). High voltage gain, non-inverting op-amps are employed. RI is 2.2 k $\Omega$ , and Rf is a variable resistor of (0–10) k $\Omega$ . To prevent the voltage from being grounded, an op-amp's output is connected to a 33k resistor. The peripheral interface controller PIC16F877 has an integrated ADC converter with 10 bit resolution and 8kb of flash memory. The microprocessor offers both a high and low voltage in addition to converting the analog output to digital. A 12-MHz crystal oscillator is utilized to supply the microcontroller with a clock pulse frequency. The oscillator is used in conjunction with two 33pF capacitors [3].

# **BLOCK DIAGRAM:**



# **ARDUINO:**



Arduino is an open-source electronics platform that combines both hardware and software, designed to make it easy for anyone to create interactive and automated systems. The Arduino board is powered by a microcontroller, which allows it to read data from sensors, such as temperature, light, or flex sensors, and control outputs like LEDs, motors, or displays based on that data. The platform uses a simplified programming language, which makes it accessible even for beginners in electronics and programming. Arduino is open-source, meaning its hardware and software are freely available for anyone to modify and

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improve, which has fostered a large community of developers and hobbyists. With various models available, like the Arduino Uno, Nano, and Mega, it offers flexibility to cater to different project needs, from simple tasks to complex systems. Due to its ease of use, low cost, and versatility, Arduino has become a popular choice for building a wide range of applications, including robotics, home automation, and wearable technology. Its extensive library of sensors, actuators, and communication protocols makes it suitable for creating interactive projects that bridge the gap between the physical and digital world.

#### FLEX SENSOR:



A flex sensor is a type of sensor that measures the amount of bending or flexing that occurs in an object. It is a variable resistor, meaning its resistance changes in response to physical deformation. Typically, flex sensors are made of a conductive material that changes its resistance when bent. The amount of resistance is directly proportional to the degree of bending. When used in projects like hand gesture recognition, the flex sensor is placed over a finger or another part of the body, and as the finger bends, the sensor detects the change in resistance. These sensors are widely used in applications where precise measurements of bending are required. They are commonly found in medical devices, robotics, automotive systems, and interactive technology. In a hand gesture control system, for example, flex sensors can detect finger movements, which can then be translated into specific control commands, such as turning on an LED, controlling a robotic arm, or navigating a menu. Flex sensors are typically used with microcontrollers (such as Arduino) to convert the analog signals they produce into digital values that can be processed and used in various applications. When a flex sensor is connected to an Arduino board, it outputs an analog signal, which is read by the Arduino's analog input pins. This signal is then processed to determine how much the sensor has been bent, allowing for gesture recognition or other control mechanisms.

#### **BLUETOOTH MODULE:**



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# **GESTURE RECOGNITION SYSTEM:**

A gesture recognition system is a technology that allows devices to interpret human gestures as input commands. These gestures are typically made by the movement of hands, fingers, or other parts of the body. The system relies on various sensors, such as flex sensors, accelerometers, and gyroscopes, to detect and capture these movements. The data collected by the sensors is then processed by a microcontroller (like Arduino), which converts the physical gesture into a digital signal. The system can recognize specific gestures, such as opening or closing a hand, pointing, or swiping, based on the sensor data. Once a gesture is recognized, the system can trigger corresponding actions, such as controlling a robotic arm, turning on a light, or interacting with a digital interface. Gesture recognition systems are widely used in areas like human-computer interaction (HCI), assistive technology, robotics, and smart home automation. These systems offer a touchless method of interaction, enhancing convenience and accessibility, especially for individuals with disabilities. While challenges such as achieving high accuracy and real-time processing persist, advancements in machine learning and sensor technology continue to improve the efficiency and capabilities of gesture recognition systems, enabling more intuitive and interactive user experiences.

### **VOICE SECTION:**

In an Arduino-based flex sensor control system, voice recognition can be integrated to further enhance the interactivity and control of the system. Voice commands, when combined with the flex sensor data, create a powerful system where both hand gestures and spoken instructions can control various devices or actions. For example, the flex sensor detects the degree of bending in the fingers or hand, while voice recognition allows the user to issue additional commands, such as turning on a light, starting a motor, or executing a particular task. The voice recognition module, such as the Elechouse Voice Recognition Module or Arduino-based speech recognition libraries, can be interfaced with the Arduino to receive and process voice commands. The Arduino is programmed to recognize specific keywords or phrases that trigger certain actions. When the user speaks a command, the voice recognition module processes the sound, converts it into text or action, and then the Arduino executes the corresponding function.

# TTS BLOCK (VOICE MODULE):



A Text-to-Speech (TTS) block or voice module in an Arduino-based flex sensor control system plays a significant role in providing verbal feedback to the user. The TTS module converts text data from the Arduino into synthesized speech, allowing the system to communicate back to the user through audible responses. For example, when the flex sensor detects a hand gesture, the TTS module could output a voice saying, "Gesture detected," or when a voice command like "Move forward" is received, the system can confirm the action with verbal feedback like "Moving forward." Popular TTS modules for Arduino, such as the DFPlayer Mini MP3 Module, Elechouse Voice Synthesizer, or Arduino Voice Shield, can be used to enable real-time voice synthesis. By integrating TTS with the flex sensor system, users not only interact through physical gestures or voice commands but also receive real-time vocal feedback, enhancing the

interactivity and accessibility of the system. This integration makes the system more intuitive and userfriendly, as users can receive status updates and confirmations through speech, making the experience more immersive and informative.

# LCD DISPLAY:

An LCD display in an Arduino-based flex sensor control system serves as an essential component for providing visual feedback to the user. The display can show real-time information, such as the status of hand gestures, sensor readings, or the current action being performed by the system. For example, when the flex sensor detects a particular finger bending, the LCD display can show messages like "Gesture Detected" or display the sensor's numeric values indicating the degree of flex. Additionally, the LCD can also be used to provide feedback on system status, such as "System Ready" or "Waiting for Command," ensuring the user is aware of what the system is doing at any moment. By integrating an LCD display with the flex sensor and Arduino, the system becomes more informative, allowing users to monitor the operation of the system visually. This not only enhances usability by providing immediate feedback but also improves user interaction by allowing them to track the actions in progress or receive error messages directly on the display, making the entire system more user-friendly and efficient.



# APPLICATIONS

- Used to control robotic hands or arms by mimicking human hand gestures, useful in automation, prosthetics, and remote manipulation.
- Helps individuals with physical disabilities operate devices like wheelchairs, lights, or computers using simple hand gestures.
- Can be developed into systems that recognize and translate sign language gestures into text or speech in real time.
- Enables users to control appliances such as lights, fans, and TVs using hand movements, promoting smart living.
- Enhances user experience in gaming and VR by allowing gesture-based input instead of traditional controllers.

# **RESULT AND DISCUSSION:**

The system was tested with a set of predefined hand gestures corresponding to specific outputs (e.g., turning on/off LEDs, controlling a servo motor). The flex sensors demonstrated consistent changes in resistance with finger movement, enabling reliable detection of gestures. The Arduino was able to read analog input from the sensors and accurately determine finger positions. The system achieved a gesture recognition accuracy of approximately 90–95% for basic gestures (like open palm, fist, and pointing). Response time between gesture execution and device control was measured to be under 200 milliseconds, enabling near real-time control. Basic gestures were recognized with high accuracy under controlled lighting and environmental

conditions. The delay between gesture and response was minimal, making it suitable for real-time applications such as robotic control or interactive systems. The glove interface was comfortable and easy to wear, with no additional calibration required after initial setup.



# CONCLUSION

The development of an Arduino-based flex sensor control system successfully demonstrates the feasibility of using hand gestures as a natural and intuitive method for interacting with electronic devices. By detecting the degree of finger bending through flex sensors and interpreting the signals via an Arduino microcontroller, the system allows users to control external devices efficiently and in real time. This project highlights the potential of flex sensor-based gesture control in various fields such as assistive technology, robotics, home automation, and human-computer interaction. The implementation was cost-effective, easy to use, and showed high accuracy for basic hand gestures. While the current system is limited to recognizing simple gestures, its functionality can be expanded further with the integration of more advanced components such as accelerometers, gyroscopes, or machine learning models for more complex gesture recognition. Overall, the project lays a solid foundation for future work in creating more advanced, gesture-based systems.

# FUTURE SCOPE:

- Adding Bluetooth, Wi-Fi, or RF modules can allow for wireless communication between the glove and devices, enabling remote control applications
- Implementing machine learning algorithms can help the system recognize a wider variety of complex gestures with improved accuracy.
- Combining flex sensors with other sensors like accelerometers, gyroscopes, or IMUs (Inertial Measurement Units) can provide more robust and accurate gesture recognition by accounting for hand orientation and motion.
- Future versions can focus on reducing the size of the hardware components and improving the ergonomic design of the glove for better user comfort and wearability.
- Including haptic feedback elements such as vibration motors can create a more interactive and responsive user experience.

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